



**PHONE**

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**EMAIL**

[kkamen@groom.com](mailto:kkamen@groom.com)

**EDUCATION**

George Washington University Law School

JD, with honors

Haverford College

BA, with departmental honors

**ADMISSIONS**

District of Columbia

New York

U.S. Court of Appeals Fourth Circuit

U.S. Court of Appeals Sixth Circuit

U.S. Court of Appeals Eighth Circuit

U.S. District Court District of Columbia

U.S. District Court Maryland

U.S. District Court Southern New York

U.S. District Court Eastern New York

U.S. Bankruptcy Court Southern New

## Katy Kamen

### Senior Counsel

Katy Kamen's practice focuses on health care plans, ERISA fiduciary matters, and enforcement. She advises plan sponsors, self-insured health plans, and insurance companies on a wide variety of issues, with a focus on service provider arrangements. She has particularly extensive experience in the negotiation, drafting, structuring, and revision of all manner of health benefits-related agreements and contracts. Her clientele includes some of the largest, most well-known companies in the country, with large, complex plans covering millions of employees.

Working with some of the country's largest plans and sponsors, Katy drafts and negotiates contracts with a wide variety of health plan vendors, including third-party administrators, pharmacy benefit managers, and ancillary and carve-out benefit providers. Her practice also includes working with direct plan-provider contracts in innovative areas such as centers of excellence, telehealth, and accountable care organizations, as well as advising health plans and sponsors on ERISA prohibited transaction and plan asset issues. On the insurer side, Katy has advised insurance companies on administrative services and balanced funding contracts, with a focus on disclosure of administrative fees and related issues.

In addition to her fluency in building contracts, Katy also brings her extensive litigation background and experience to bear, which allows her to anticipate where things might go wrong in the future. She has a strong understanding of the process of lawsuits and claims and is particularly adept at negotiating litigation-related provisions in contracts. Katy is skilled at ensuring protections for her clients' interests that are workable from a business perspective for everyone involved.

In addition to her extensive knowledge of typical day-to-day issues arising in these agreements, Katy is also conversant in new or emerging issues, such as information security. Katy frequently works with clients to help ensure that appropriate data security policies and protocols are in place with their vendors, and that, in the event of a security

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breach, liability and procedures are in place. Other emerging issues that Katy assists client with include the use of artificial intelligence to deliver health care benefits.

Katy joined Groom in 2002 after working in the employee benefits/ERISA and insurance groups of a large New York law firm.

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## **PROFESSIONAL AFFILIATIONS**

Bar Association of the District of Columbia

New York State Bar Association

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Groom is the best in its field. It takes ERISA attorneys seriously.