

Events

# Groom Webinar: Mental Health Parity Update for Plan Sponsors – What You Need to Know (September 27, 2023)

**EVENT START**

September 27, 2023 2:00:00 PM

**EVENT END**

September 27, 2023 2:30:00 PM

**ATTORNEYS & PROFESSIONALS**

**Shanna Cramer**

[scramer@groom.com](mailto:scramer@groom.com)

202-861-6636

**Emily Lucco**

[elucco@groom.com](mailto:elucco@groom.com)

202-861-9386

**PUBLISHED**

09/27/2023

**SOURCE**

Groom Webinar

**SERVICES**

Employers & Sponsors

- Health & Welfare Programs

Health Services

- Federal Insurance Regulation

The Departments of Health and Human Services, Labor and Treasury issued sweeping new guidance on the Mental Health Parity and Addiction Equity Act (“MHPAEA”), including a Proposed Rule, a technical release proposing data requirements and an enforcement safe harbor, and the 2023 MHPAEA Comparative Analysis Report to Congress.

These recent developments will have significant consequences for plan sponsors and the decisions they make with regard to the design and administration of their group health plans.

This program, in a series of Groom webinars on this recent MHPAEA regulatory activity, focused on its potential impact on ERISA group health plans, and discussed what actions plan sponsors should be considering.

This program covered:

1. Key takeaways from the 2023 MHPAEA Report to Congress
2. The potential impact of MHPAEA proposed rules, should they become effective in their current form
3. The goal and purpose of the Technical Release on NQTLs related to network composition

To request access to the recording and other program materials, please [click here](#) or below.

[Recording](#)