

**Publications**

# Physical “Education”: Are executive physical programs affected by the PPACA’s new nondiscrimination rules?

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Plan Sponsor has a weekly feature to help plan sponsors understand what they need to do to prepare for the impact of the Patient Protection and Affordable Care Act (PPACA). Groom principals, Christy Tinnes and Brigen Winters, serve as the health care reform experts and field weekly questions regarding the new law. The weekly questions are compiled and published each month in the “Second Opinion” column in Plan Sponsor Magazine.

This month’s column focuses on whether the new nondiscrimination rules under the Patient Protection and Affordable Care Act (PPACA) apply to an executive physical program.

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